

Agenda Item No 11(a)

Community and Environment Board

15 October 2018

Health and Wellbeing Working Party

Minutes

19th April 2018

Present Cllr. Bell (Chairman), Simon Powell, Becky Evans, Emma Bracey (all NWBC), Rachel Robinson (WCC), Sonya Johnson (Healthy Living Network)

Apologies for Absence Cllr. Chambers, Cllr. Phillips, Cllr. Smith, Bob Trahern

Item	Notes	Action
2	<p>Minutes of the Last Meeting (8th February 2018)</p> <p>Matters Arising</p> <p>Updates from the previous meeting:</p> <p>End of Life Care: Palliative Care team from Warwickshire North CCG to pick up work</p> <p>Cancer Rehab Update: EB reported that training options are available for leisure centre staff, but numbers of staff eligible for training would need confirming.</p> <p>Planning update: RR reported that the Local Estates Forum is taking place on 24th with a presentation from Tim Willis (Warwickshire County Council) on extra care housing to see if there are any opportunities to join up with wider estate work.</p> <p>A joint health response to the local plan was submitted at the end of March and Gemma McKinnon (Public Health) updated the Health Infrastructure Development Plan for planners at NWBC to take to members.</p> <p>A number of options appraisals being undertaken in the North including Weddington, Hartshill, Whitestone, Polesworth and Dordon. The planning team have also responded to a number of applications related to Weddington area of north Nuneaton from both a Public Health and CCG perspective.</p> <p>Gemma McKinnon attended Nuneaton and Bedworth Council's local plan hearing to provide evidence on the need for a takeaway policy. The next step is to submit further evidence to the inspector by the 19th May.</p> <p>Health Store Launch: MB and other portfolio holders visited the Health Store and were pleased with the service. MB raised an issue around</p>	EB

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	<p>confidentiality in regards to teenage pregnancies, as schools are unable to give the students a pregnancy test without informing the parents, which is potentially putting the young person at risk. Even if the school are aware of the Health Store and the services offered, they are unable to refer a student to the Health Store without informing the parents. MB suggested that Warwickshire Fire and Rescue could give information about the Respect Yourself website when they deliver their CPR training. It was suggested by the working party that Cornelia from Warwickshire County Council was contacted regarding the issue to seek advice around safeguarding, as well as linking with the school.</p> <p>Leisure Facilities Bank Holiday Activities: SP reported that over the Easter Bank Holiday the leisure centre recorded 50% of their usual attendance, with ¼ of those being adult swimmers. This was very positive as the leisure centre was open for shorter hours, with no classes running. SP also reported that over the May Bank Holidays swimming lessons will also be available.</p> <p>Grapevine Charity visit to Coleshill Leisure Centre: A visit has been arranged for the 7th of June. Feedback will be passed to the Working Party after this date.</p>	<p>BE/RR</p> <p>EB</p>
3	<p>CHAW/Ediblelinks/Healthy Living Network</p> <p>RR provided background information regarding the CHAW and how the Healthy Living Network had been brought in. SJ updated the working party with the work that Healthy Living Network are doing throughout North Warwickshire:</p> <p>Atherstone: An honesty shop was running alongside the Hub, however the Hub did not continue, meaning that the honesty shop also did not continue. Other activities in Atherstone include coffee mornings and stay and play sessions.</p> <p>Arley: A cookery course has been running in Arley, with 1 family being referred from Housing Services. They are looking to run another block of cooking classes in May.</p> <p>Baddesley: An exercise class has been running in Baddesley (with 6 weeks free instruction being provided by North Warwickshire. Borough Council) and regularly has 16-20 attendees.</p> <p>Coleshill: A Community Café has been started and is run by volunteers. An honesty shop was added to the Café, but volunteers became overwhelmed with number of people attending, so the Healthy Living Network are currently in talks with Woodlands School regarding the running of the Community Café. A 'Couch-2-5k' exercise programme started in April, with 5 people attending the first session, with the hopes of starting another session on a Saturday to increase numbers.</p> <p>Dordon: Healthy Living Network have facilitated a health visitor for Dordon Village Hall every week, with a 'stay and play' session on alternate weeks, from the 2nd of May.</p> <p>Ediblelinks: Ediblelinks are going to train in-house volunteers to run honesty shops, meaning that there will then be the capacity to deliver more honesty shops across the borough.</p>	

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4	<p>Health and Wellbeing Action Plan</p> <p>MB asked where the Working Party were in regards to costs for various projects, what targets been achieved and spent and was has not, however figures were unavailable on the day. EB to bring information to next meeting.</p> <p>Holiday Hunger – EB supported Warwickshire County Council’s Localities Team at 5 sessions over the Easter Holidays (3 in Dordon, 2 in Atherstone) with nearly 100 people attending the Dordon sessions. Each family was given a 2 course hot lunch, and was able to participate in games and arts and crafts, for £1 per family. Very positive feedback from families.</p> <p>Health Store – An awareness event was held for young people on 23rd March at the Health Store. The event saw 30 QEII students and staff; Doorway, Compass (both School Nurses and Substance Misuse team), Health Store and C-Card representatives watch a performance by Loudmouth theatre Company. After the performance, the students were able to ask questions to the actors and gather information regarding the services available at the Health Store. By the end of the session, all of the young people were signed up to C-Card and took away information about the Health Store.</p>	EB
5	<p>Atherstone and Mancetter JSNA</p> <p>RR reported that the findings from the Atherstone and Mancetter JSNA will be sent out to members of the public, reminding people of the JSNA and informing them of the actions that will be taken.</p> <p>MB asked when the JSNA would be expanded to Hartshill. Lori Harvey is to be invited to the next Working Party meeting to discuss the expansion into Hartshill. RR also stated that the work around Compassionate Communities has been taken up by Lori Harvey and Yasser Din. Both will be invited to the next Working Party meeting to feedback regarding Compassionate Communities.</p> <p>RR reported that a stakeholder event is to be organised for May/June to feedback information gathered through the JSNA, as well as gather further information about local events in various areas.</p>	EB
6	<p>Primary Care Services</p> <p>MB reported that a task and finish group has been arranged to provide clear guidelines for the public with information regarding when to see their GP and when to see the pharmacist (as pharmacists are unable to see patient records).</p> <p>MB also commented that there is also an issue in regards to primary care in care homes across the borough. It was commented that care homes are outsourcing risk to GP’s including prescriptions, registering deaths etc, and that the GP’s are commonly going to care homes rather than the patients being taken to the GP.</p> <p>From this, MB suggested that GP’s could be grouped into ‘clusters’ rather than the current format, depending on the age of the patient, and which service they required. RR to investigate other areas in which something</p>	RR

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	similar has been conducted to then feedback.	
7	<p>Year of Health and Wellbeing</p> <p>RR reported that the Year of Health and Wellbeing will focus on the workforce, and upskilling workforces across the County (training courses may include MECC, Dementia Friends, Health training, information on prevention of health conditions etc). A plan is being presented at the next place forum in June regarding the Year of Wellbeing, as well as an event with key partners potentially being held regarding access to local groups/workforces.</p> <p>MB suggested that the #onething campaign could be introduced into the Health Store, to enable young people to be aware of all forms of health care, and have an access point to this information. EB to liaise with Health Store and #onething.</p>	RR EB
8	<p>AOB:</p> <p>Mental Health Exercise Classes</p> <p>MB stated that a large amount of research has been undertaken exploring the links between mental health and physical activity, with studies showing that individuals were able to maintain their weight. From this MB suggested the launch of an exercise class specifically for people with mental health issues. EB/BE to explore.</p> <p>RR reported that the RISE service has now been added into the Ratcliffe Centre as a more permanent base.</p>	EB/BE
	<p>Dates of Future Meetings</p> <p>14 June – 9:30 am, Board Room 13 September – 10.00am (room to be confirmed)</p>	

Health and Wellbeing Working Party

Minutes

6 August 2018

Present: Cllr. Bell (Chairman), Cllr. Chambers, Cllr, Smith, Simon Powell, Becky Evans, Emma Bracey, Bob Trahern, Zoe Bickley (all NWBC), Yasser Din (WCC), Lori Harvey (WCC)

Apologies for Absence: Rachel Robinson (Public Health)

Item	Notes	Action
2	<p>Minutes of the Last Meeting (19 April 2018)</p> <p>The minutes were agreed as an accurate record of the proceedings</p> <p>Matters Arising:</p> <p>Cancer Rehabilitation / Mental Health Training EB had found courses suitable for both Cancer Rehabilitation and Mental Health in Exercise training, although the locations were not suitable. EB was looking into hosting courses based in North Warwickshire.</p> <p>Costings MB requested costings for each action on the Health and Wellbeing Action Plan. The Plan would be updated and circulated prior to the next meeting.</p> <p>Primary Care MB reported that a GP Task and Finish Group would be reporting to the Health and Wellbeing Board about GP “clusters”. YD to agreed to contact David Palmer (PHE/WCC) regarding an update and he will report back to the next meeting of the Working Party.</p> <p>Grapevine Visit to Coleshill Leisure Centre The planned visit to CLC on 07 June had to be postponed. A new date is being arranged.</p>	<p>EB</p> <p>EB/BE</p> <p>YD</p> <p>EB</p>
3	<p>Health and Wellbeing Action Plan Update</p> <p>MB asked which points on the Action Plan were moving forward positively, in respect of which following actions were highlighted:</p> <p>Mancetter Big Day Out (23 September 2018) £8,700 of external funding has been secured through the Armed Forces Covenant Trust as the event will be commemorating the centenary of the end of World War 1. Various military themed stalls / organisations are attending, including the Army, Veteran’s Contact Point, Help for Heroes, Royal British Legion, etc. BT informed the Working Party that the Veteran’s Contact Point has a unit in the Arcade, which will serve as a drop-in centre for local veterans. MB asked what other World War themed events were planned for Mancetter. EB was asked to investigate.</p>	<p>EB</p>

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	<p>Atherstone Community Kitchen This project is operated by the Healthy Living Network to allow volunteers to cook a meal for the community. The first meal had 47 attendees. Three further sittings have been organised, which are all fully booked.</p> <p>Community Hubs JC raised a question regarding the charging arrangements for Community Hubs and how much Borough / Parish Councils charge community groups for their use. BT reported that there was no universal process for all Hubs, as each one has different requirements / costing plans. BT suggested a multi-agency approach to providing sustainability for the Hubs. He stated that whilst the Hubs were initially set up to provide IT access to the community, this demand had declined. He suggested that the demand is greater for Citizen's Advice Bureau type advice (e.g. budgeting, form filling, benefits entitlements, etc.). The CAB, however, had limited capacity and funding for more outreach work. MB asked for a progress report to be presented to the next Working Party meeting.</p> <p>CHAW Update A CHAW related update is included in the Health and Wellbeing Action Plan. EB reported that a Community Kitchen event had been run in the Ratcliffe Centre in Atherstone in July with 47 diners and 22 volunteers. After the success of the Couch 2 5k Running Club in Coleshill, a similar club is starting in Baddesley in September, as well as a second club in Coleshill.</p> <p>Holiday Hunger Current sessions are being held in Atherstone (St Mary's Church, Thursdays) and Dordon (Village Hall, Monday and Fridays). LH stated that reports are written at the end of each holiday programme, outlining attendance and the impact on families, etc. This report would be circulated to the Health and Wellbeing Working Party.</p> <p>Health Store EB reported that there had still been no confirmation regarding the attendance of nurses in the Atherstone Health Store, but she will continue to chase this important requirement. MB asked about links to other organisations in the area (e.g. RISE) in order to promote other services. EB to speak to the Health Store to investigate.</p> <p>MB and JC raised the issue of safeguarding in relation to Health Store referrals for young people, as the current policy states that parents must be informed. The group was then asked about the promotion of the Health Store within schools (e.g. posters, links to the 'Respect Yourself' website). BE informed the group that promotional assemblies have taken place in secondary schools. EB to investigate / promote further within the schools. JC suggested a "champion / mentor" within the schools (either a student or teacher). EB to invite a school representative to the next Working Party meeting to discuss options around promotion and referring.</p> <p>Fitter Futures MB asked if future data could be more regularly reported to the Working Party, including being more specific regarding the people using the service, for what reason they have been referred, the number of referrals, as well as the number</p>	<p>BT</p> <p>LH</p> <p>EB</p> <p>EB</p> <p>EB</p> <p>EB</p> <p>YD</p>

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	<p>of completers for each of the services in North Warwickshire. EB to contact Luke Butler. EB reported that Public Health had been contacted regarding the Working Party's ability to help influence the future of Fitter Futures during the next commissioning phase. A meeting had been set up to discuss these issues, from which EB would report back to the Working Party.</p> <p>#onething YD reported that #onething services are now being run in Rugby and that overall referral numbers have increased. He also commented that the increase in early risk detection % through health checks is still below the 35% target. This would be a focus for the project moving forward. YD also reported that attention was being given to reaching people who may not be registered with a GP (e.g. homeless people).</p> <p>Leisure Update Full holiday attendance figures can be found in the Health and Wellbeing Action Plan. SP updated the Working Party on bank holidays attendances at Atherstone Leisure Complex during the current trial period.</p> <p>Dementia EB reported that the Borough Council had now signed up to the Coventry and Warwickshire Dementia Action Alliance and is working to make North Warwickshire a Dementia Friendly Community. Dementia Friends sessions have been conducted with 93 members of Council staff, as well as a number of community groups, Atherstone Fire Station and, imminently, Atherstone Taxis.</p> <p>Air Quality ZB reported that Public Health England and Warwickshire County Council have purchased 50 air quality monitors (10 for each borough / district). Currently, there is no plan in place as to where these monitors will be deployed across North Warwickshire. LH suggested the idea of "Community Champions", who could be utilised to develop air quality plans, while JC and MB stated that a more strategic approach was required. ZB stated that both approaches would be utilised in the Air Quality Plan. MB stated that this issue should be a focus for the Working Party and she asked for a progress report to be presented to the meeting after next.</p>	<p>EB</p> <p>ZB</p>
4	<p>Public Health Update / JSNA</p> <p>LH reported there is now a plan in place for the distribution of Atherstone and Mancetter information, and also that a plan has been implemented for engagement in Hartshill. Roadshows will include additional services, such as Dementia Friends, #onething and Honesty Shops. MB reported that she had obtained the Hartshill health data and had passed it on to the Hartshill residents group. MB suggested that other Councillors could do the same, as they have access to the health data for their area. YD to investigate if the health information for each area can be added to the information packs being sent to residents / Councillors.</p>	<p>YD</p>
5	<p>Compassionate Communities</p> <p>YD and LH updated the Working Party about a pilot study being undertaken around end of life care. The study is focusing on care at home (both emotional</p>	

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	<p>and clinical) and is being supported by St Giles Hospice, Mary Ann Evans Hospice and Keele University. A series of events are being run to both gather and disseminate information:</p> <ul style="list-style-type: none"> - 10 September 2018 (event for professionals) - 15 and 23 October 2018 (ideas factory) <p>A sub group of “Community Champions” has been created to work within the community and with families / neighbours. MB asked that comments given at the various events be fed back to the Working Party. JC stated that feedback on the work that the South Warwickshire Foundation Trust (SWFT) has been doing within the community would also be beneficial. LH/YD to feedback.</p>	LH/YD
6	<p>Year of Health and Wellbeing</p> <p>EB reported that measured miles and accreditations are being investigated as part of the Year of Health and Wellbeing, with several routes planned across the Borough. EB to report on progress at next meeting.</p> <p>MB asked if a logo or brand is being created around the Year of Health and Wellbeing. EB to find out and feedback.</p> <p>JC asked if there was scope for capitalising on the canals in the Borough and perhaps holding an event connecting the communities to the canals across North Warwickshire. EB to explore and feedback.</p> <p>Jane Coates (Warwickshire County Council) is leading on the Year of Health and Wellbeing and asked for a list of pledges that each organisation would support. A list of confirmed pledges is attached to the minutes. MB asked that Jane Coates be invited to the next meeting to give an update regarding the Year of Health and Wellbeing.</p>	<p>EB</p> <p>EB</p> <p>EB</p> <p>EB</p>
7	<p>Any Other Business</p> <p>MB had been considering a closer link between the Working Party and the Community Partnership, the remit of which was wider than health and wellbeing. On balance, it was decided to maintain the groups as separate entities and for the Working Party to maintain its focus on work to be influenced through the Borough Council. Where opportunities arose, closer working arrangements would be explored on particular initiatives.</p> <p>MB proposed that the number of Councillors on the Working Party be increased (having regard to the need for political balance). This was supported and would be discussed at the next meeting of the Community and Environment Board.</p> <p>MB updated the Working Party on the progress being made in respect of the development of the Hartshill Health Centre. MB stated that the project is at a critical point, but that it is still experiencing difficulties. A clearer approach to project management was required in future. MB would be discussing this matter at the next Health and Wellbeing Board.</p>	<p>MB / SP</p> <p>MB</p> <p>MB</p>

Item	Notes	Action
	Dates of Future Meetings 13 September – 10:00am – Board Room 19 November – 10:00am - Board Room 14 February 2019 – 10:00am - Board Room 15 April 2019 – 10:00 - Board Room	

Health and Wellbeing Working Party Minutes

13th September 2018

Present: Cllr. Bell (Chairman), Cllr. Chambers, Cllr, Smith, Cllr Clews, Cllr M Humphries, Simon Powell, Becky Evans, Emma Bracey, Zoe Bickley (all NWBC)

Apologies for Absence: Bob Trahern (NWBC), Rachel Robinson, Yasser Din (Public Health), Jane Coates (WCC), Shiv Ressel (TQEA)

Item	Notes	Action
2	<p>Minutes of the Last Meeting (6th August 2018)</p> <p>The minutes were agreed as an accurate record of the proceedings.</p> <p>Matters Arising:</p> <p>Cancer Rehabilitation / Mental Health Training Potential dates have been provided by training provider, and staff numbers are being agreed. A further update will be given at the next meeting.</p> <p>Primary Care MB reported that the GP task and finish group is going to Health and Wellbeing Board the following week.</p> <p>Mancetter Big Day Out DC asked whether parish councils were able to apply for the funding obtained for the WW1 aspect of Big Day Out. EB to investigate.</p>	<p>EB</p> <p>EB</p>
3	<p>Year of Health and Wellbeing</p> <p>Jane Coates sent apologies for the meeting, but an update was circulated to Members. Several concerns were raised regarding the logo and the key health messages being delivered throughout the initiative. MB suggested that the focus be around specific messages (e.g. sharing information regarding salt or sugar daily intake). This was supported by the group.</p> <p>JC suggested the use of apps and technology that can help self-measure should be encouraged/endorsed through the year of Health and Wellbeing. MB stated that she would like to create an app where activity levels could result in vouchers for North Warwickshire businesses (such as Ediblelinks). EB to investigate.</p> <p>SP suggested that the Working Party could commit to providing and promoting one case study per month of people who have made a significant change within the Year of Health and Wellbeing.</p>	<p>EB</p> <p>EB</p> <p>ALL</p>
4	<p>Health and Wellbeing Action Plan Update</p> <p>CHAW Update DC gave an update regarding the 'Community Kitchen' events hosted by Ediblelinks. Two events have been held, and have been very popular, running with a number of volunteers. The events will continue once a month at the Ratcliffe Centre. MB asked if there were plans for the ambulance unit by</p>	

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	<p>Ediblelinks was to become a permanent honesty shop. MB also asked if there is a 6 month plan for pop up honesty shops available, so that other health links (e.g. #onething, stop smoking etc) can be included. Sonya Johnson to be invited to the next meeting to discuss.</p> <p>Holiday Hunger EB updated the group on the holiday hunger summer sessions, the data from which will be provided at the next meeting. EB also reported that the Atherstone session may be moved to Mancetter Memorial Hall for a pilot session in the October half term, and will report feedback back at the next meeting.</p> <p>Health Store MB reported that she went to the Ratcliffe Centre to visit the Health Store on Tuesday 11 September but it wasn't open. EB/BE to investigate. MB also stated that getting nurses into the Health Store is a key priority and should be a focus. EB to update at next meeting.</p> <p>Fitter Futures EB reported that the Fitter Futures contract is currently out to re-tender. MB asked for the group to be able to input into the commissioning as there are still major issues around cross-border referrals. LS stated that Fillongley is not included, with MH confirming that Measham is also not included. Concerns to be fed into the consultation process.</p> <p>Leisure Update SP updated the Working Party on bank holidays attendances at Atherstone Leisure Complex during the current trial period. Full holiday attendance figures can be found in the Health and Wellbeing Action Plan. MH asked for the bank holiday opening hours, EB to send to the group. JC asked if the centres were running at a loss opening on bank holidays, which SP confirmed. SP then stated that the opening of the leisure centres on bank holidays was a pilot for 2018, and a decision will be made at the Community and Environment board as to how to proceed.</p> <p>It was noted that the attendance numbers for TopScore were much higher than those for other centres, and it was suggested that this was because TopScore offer an all day service, rather than shorter sessions. MB asked if we were able to do something similar, potentially bringing in an outside company to run the sessions. SP reported that TopScore had previously run sessions in Coleshill Leisure Centre but were not successful. Holiday provision is currently being scrutinised by the Business Development Team.</p> <p>Dementia Dementia Friends sessions have been conducted with 105 members of Council staff, as well as a number of community groups, Atherstone Fire Station and, imminently, Atherstone Taxis. MH reported that Ambleside and Wood End dementia groups are flourishing. EB reported that the Alzheimer's Society café in the Partnership Centre had ended as the building has closed, but all other cafes are still operating. EB and MH to meet to discuss dementia work in the borough.</p>	<p>EB</p> <p>EB</p> <p>EB/BE</p> <p>EB</p> <p>EB</p>

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	<p>Air Quality ZB reported that her team are now fully staffed. ZB also reported that she is attending the 'Air Quality Alliance' meeting the following Friday where updates regarding the air quality monitors (including when they will arrive, and where they will be located) will be obtained. ZB to update at the next meeting. MB asked if the monitors measure PM5 and if not, how much PM5 monitors would be. ZB to investigate and report back.</p>	ZB
5	<p>Public Health Update / JSNA Rachel Robinson will be asked for an update regarding the JSNA roadshows and progress moving forward, which will be circulated prior to the next meeting.</p>	RR
6	<p>Any Other Business</p> <p>Partnership Building MB stated that the building was due to be taken over by Ediblelinks; however this has now fallen through. MB asked for an update for the next meeting.</p> <p>Cycling Routes JC asked the group about the variety of cycling routes across the borough and when launches of the newest routes would be held. EB to update at the next meeting.</p> <p>JC also suggested an action plan for cycling across the borough, including the further development of routes (e.g. linking from Tamworth to Nuneaton through the borough, how HS2 will affect the current routes, as well as funding options that are available. MB also commented saying that a link between Nuneaton and Dobbies would be beneficial, as well as links to the canal. JC and MB to meet with the Canal and Rivers Trust regarding plans and will report back.</p> <p>Compassionate Communities MB explained the role of compassionate communities work, and reported that the George Eliot Hospital have now recruited a Palliative Care Consultant. MH commented that Age UK have a protocol for end of life as well as a care plan. It was suggested that a member of the Out of Hospital services attend a future meeting to discuss work/developments.</p>	BT EB MB/JC
	<p>Dates of Future Meetings</p> <p>15th November – 10:00am - Chamber 14th February 2019 – 10:00am – Committee Room 18th April 2019 – 10:00 - Committee Room</p>	